



Title:

Pharmaceutical Good Manufacturing Practices: *Principles, Compliance and Applications*

Authors:

Dr. Sarah Vugigi, PhD.

Dr. Roy Kisia

Edition: [1st edition]

Publisher: [Pharmaceutical Loci publishers]

Year of Publication: [2026]

ISBN: [ISBN: 978-9914-35-758-5]

Pharmaceutical Good Manufacturing Practices: Principles, Compliance and Applications

Good Manufacturing Practices (GMP) are fundamental to pharmaceutical production, ensuring that medicines are consistently produced and controlled to meet established quality standards. While numerous international guidelines exist, their dispersion and technical complexity impede effective implementation. This book addresses this challenge by bringing together these guidelines in a single, comprehensive, and accessible resource with a strong emphasis on practical interpretation and implementation in pharmaceutical manufacturing. It integrates academic knowledge with industrial application to support effective GMP compliance.

This text focuses on applying Quality Risk Management tools to enable the systematic identification, evaluation, and control of risks throughout pharmaceutical manufacturing processes. It emphasizes Root Cause Analysis and Corrective and Preventive Actions as essential elements of deviation management and continuous quality improvement. The book provides a comprehensive overview of the production cycle and examines the Quality System, Quality Assurance, Quality Control, documentation, data integrity, and core GMP concepts, including the Five Ps: People, Premises, Processes, Procedures, and Products. WHO-GMP compliance requirements and strategies to prevent contamination, mix-ups, and errors are discussed in depth, with practical illustrations to support effective application.

GMP defines what must be achieved but does not prescribe how it should be implemented. This book addresses this gap by providing illustrative examples of standard operating procedures, deviation reports, user requirement specifications, and inspection checklists to demonstrate practical and compliant implementation. Overall, this book is intended to provide students and practitioners with the foundational knowledge, applied understanding, and professional competencies necessary to systematically incorporate quality into pharmaceutical products and to ensure consistent manufacturing performance and regulatory compliance. It further interprets regulatory requirements and presents them as practical guidance for effective implementation. Leading pharmaceutical professionals have endorsed this book, stating:

In an era of stringent regulations and globalized pharmaceutical manufacturing, a clear, practical grasp of GMP is essential for students, educators, and professionals. Given my background as a GMP administrator, Head of Manufacturing of Health Products and Technologies, and researcher, I regard this book as an indispensable resource for both students and professionals, as it offers comprehensive foundational knowledge, rigorous academic exposition, and practical guidance to support the maintenance of GMP compliance. *Dr. James Kimotho, PhD. Head of Innovation and Technology Transfer Division, Kenya Medical Research Institute (KEMRI), Nairobi - Kenya.*

This volume on GMPs is a timely and authoritative guide from one of Kenya's pioneers in industrial pharmacy. Bridging policy and the plant floor, the book aligns quality systems, regulatory expectations, and everyday practice. At a pivotal moment, as our sector advances toward WHO ML3 maturity and strives for self-sufficiency in local manufacturing of essential medicines, it provides both a roadmap and inspiration to elevate capability, embed a culture of quality, and strengthen regional competitiveness. *Dr. Simon Muigai, Company Pharmacist, Laboratory & Allied Limited, Nairobi.*

Based firmly on established GMP guidelines, this book links regulatory compliance and scientific principles to the practical execution of pharmaceutical manufacturing. A valuable reference for students and professionals, since manufacturing capability has become a priority in Africa. *Dr. Wilberforce O. Wanyanga, Executive Director, PharmaQ Limited, Nairobi - Kenya.*

TABLE OF CONTENTS

CHAPTER 1	1
BACKGROUND OF GMPs	1
CHAPTER 2	7
GMP IN QUALITY SYSTEMS	7
CHAPTER 3	24
PERSONNEL	24
CHAPTER 4	
PREMISES	41
CHAPTER 5	55
DOCUMENTATION	55
CHAPTER 6	72
GMP IN PRODUCTION AREAS	73
CHAPTER 7	100
MIX-UPS AND CONTAMINATION	100
CHAPTER 8	110
CAPA, DEVIATIONS, CHANGE CONTROL, OOS	110
CHAPTER 9	129
GMP INSPECTION READINESS	129
CHAPTER 10	134
GMP REQUIREMENTS FOR BIOLOGICALS	134
CHAPTER 11	139
ADVANCES IN GMP FOR PHARMACEUTICALS AND BIOLOGICS	139
BIBLIOGRAPHY	143
APPENDICES	149
INDEX	191

About the Authors

Dr. Sarah Vugigi

Senior Lecturer in Pharmaceutics at Kabarak University, Kenya. She holds a B. Pharm. degree from the University of Nairobi, an M. Pharm. (Iowa, USA) and a PhD. (Kenyatta University). She began her career as a Pharmaceutical Analyst and later joined Cosmos Limited, Kenya, as Quality Control Head. She has held a part-time teaching position at Nairobi and Kenyatta Universities. She has extensive experience in pharmaceutical processes and quality systems. She joined Kabarak following a distinguished tenure at Elys Chemical Industries Ltd., where she served as Head of Quality and Regulatory Affairs. She has published several manuscripts and books, including the *Kenya Pharmaceutical Investment Profile* (2020), developed under the Partnership for Investment and Growth in Africa project; *Critical Pharmaceutical Utility Systems* (2024); and *Towards Self-Sufficiency: Forecasting Kenya's Pharma Industry* (2025).

Dr. Roy Kisia

Trained in pharmaceutics, pharmaceutical manufacturing, and quality systems, and currently undertaking professional internship training. He holds a Bachelor of Pharmacy (BPharm) degree from Kabarak University, Kenya. He is the founder of PharmaProLearn, a pharmacy education platform dedicated to strengthening pharmaceutical training and professional development. His interest in pharmaceutical quality and manufacturing was shaped under the academic mentorship of the lead author of this book, with whom he co-authored the study: *Evaluation of Post-Reconstitution Stability of Flucloxacillin Dry Syrups in Nakuru Town, Kenya* (2025).

Published by: Pharmaceutical Loci publishers, P. O. Box 48227-00100, Nairobi-Kenya
Tel: +254722243365, E-mail: James@drugindex.co.ke

No part of this publication may be reproduced, stored in retrieval system or transmitted in any form without written permission from the publisher.